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Facing Fear: *Helping Young People Deal With Terrorism and Other Tragic Events*



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Description

Facing Fear was developed to address a demand by educators and caregivers of children for materials to help children cope in uncertain times. The curriculum is a supplement to Masters of Disaster™, children's natural hazard safety curriculum. The format and components are similar, including ready-to-go lesson plans, activities and demonstrations that can be incorporated within core subject areas. [Lessons are aligned with national health, social studies, and language arts standards.](#)

The lesson plans and activities in these materials are arranged in three chapters:

- Chapter 1: "Feelings," includes lessons and activities that are timely immediately following a tragic event. Lessons in this chapter address dealing with feelings of loss, sadness and anger.
- Chapter 2: "Facts and Perspectives," gives information on how the media plays a role in conveying information and how to be able to discern facts as reported in media coverage, yet not continue to frighten children. This chapter also covers the important fundamental principles of the Red Cross.
- Chapter 3: "Future," provides positive ways for children and their families to respond to past events and plan for future uncertain times.

The materials consist of four lesson plans for each of the three chapters, with approximately 27 hands-on, student and family oriented activities that engage students in learning and offer families comfort, knowledge and disaster preparedness skills. The lessons are aligned with national health, social studies and language arts curriculum standards to facilitate implementation of these curriculum materials in schools where standards orientation is a major concern.

"Facing Fear" in printed form is available from your local American Red Cross chapter. To find your chapter, visit www.redcross.org. Lessons and activity sheets can be [downloaded](#).

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