

LPCA
Licensed  
Professional Counselors Association  
of Georgia

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## Disaster Relief Program

IMPORTANT MESSAGE from John C Burns, LPCA President:

I am sure that some of our fellow LPC sisters and brothers have been contacting you about a res Katrina. Please be aware that I have been in constant contact with the State of Georgia Disaster Officials since the Hurricane hit the Gulf States . The following is an update: To read more of this message, [click here](#).

**Red Cross Training Update:**  
**Red Cross has scheduled Disaster MH training in Athens.**  
**The scheduled date is Saturday, March 4, 2006.**  
**This is a full-day training at the Chapter house.**  
**Deadline to register is February 23, Thursday.**  
**Please either email [jjenkins48@bellsouth.net](mailto:jjenkins48@bellsouth.net)**  
**or phone Jim Jenkins706-202-7188**

**To get the most recent updates, visit the Georgia Emergency website, [www.gema.state.ga](http://www.gema.state.ga)**

**[I Want to Volunteer, Click Here](#) or visit [www.RedCross.org](http://www.RedCross.org) to sign up**

**[Information for LPC who are also School Counselors.](#)**

**[You want to help, click here](#) as there is too much information to post on one page.**

**[How Do I get Federal Assistance? Click Here](#)**

**Donation Information**  
 When contributing to relief efforts through financial gifts or by donating relief supplies, please be : reputable, well-established relief organization. This will ensure that your gift makes the best poss relief. Here are a few trustworthy organizations to consider. (hyperlinks)

Call the RED CROSS 1-800-435-7669 or visit the website to donate Blood, [www.redcross.org](http://www.redcross.org)

- 1) [Samaritan's Purse](#)
- 2) [Catholic Charities](#)
- 3) [Operation Blessing](#)
- 4) [United Methodist Committee on Relief](#)
- 5) [American Red Cross](#)
- 6) [Episcopal Relief and Development](#)
- 7) [Salvation Army](#)

**[Listing of Relief/Donation Services](#) (this is a hyperlink to a full page of information):**

**Insurance Numbers**

- o AIG Insurance Co. Disaster Claims-personal: (800)562-2208, business: (877)366-8423
- o Allstate Insurance Co. Disaster Claims: (800)547-8676
- o Colonial Penn Insurance Co. Disaster Claims: (800)523-4040
- o Hartford Casualty Insurance Co. Disaster Claims-personal: (800)243-5860, business: (800)327
- o Liberty Mutual Insurance Co. Disaster Claims: (800)526-1547
- o Nationwide Mutual Insurance Co. Disaster Claims: (800)421-3 535
- o State Farm Fire & Casualty Co. Disaster Claims: (800)732-5246

o USAA Insurance Claims: (800)531-8222

For questions about insurance or financial assistance, please call the Department of Financial Services Assistance Line: 1(800)22-STORM

Here is the link to the confirming of the information concerning zip codes for which the Post Office is closing:

<http://www.usps.com/communications/news/serviceupdates.htm?from=bannercommunications&>

#### **Road Closure Info**

Florida : 888-638-0250

[www.econline.org/EM\\_Live/roadstat.nsf](http://www.econline.org/EM_Live/roadstat.nsf)

Alabama : 888-588-2848

[www.dot.state.al.us/closures](http://www.dot.state.al.us/closures)

Mississippi : 601-359-7017

[www.mdot.state.ms.us](http://www.mdot.state.ms.us)

Louisiana : 800-469-4828

[www.dotd.state.la.us](http://www.dotd.state.la.us)

#### **Emergency Numbers**

Mississippi Emergency Management Agency Center :

800-445-6362

In Alabama the number is

800-843-0699

Louisiana Office of Emergency Preparedness

866-438-2748

Missing Persons Database for New Orleans :

225-925-6626

[www.NOLA.com](http://www.NOLA.com)

Feel free to cut and paste any part of this information for distribution to your members or colleagues. Affiniscape, Inc. for compiling it.

## **Mission and scope of practice**

The mission of the LPCA disaster intervention committee is to establish among members a team willing to respond to emergency mental health needs in Georgia. The team is comprised of licensed professionals who are willing to provide short-term *pro bono* services to people affected by natural and man made disasters.

These events are usually unpredictable in terms of timing, severity, character, location, and duration. It is essential that there be emphases on preparedness, swift response, and effective communication.

The purpose of the organization is to provide needed services in ways that support other relief efforts with existing resources.

[Click here to sign up for Disaster Relief Program.](#)

[If you are not an LPCA member, click here to join.](#)

**Disaster Relief Program** [\\*Click Here If you would like to make a Donation to Help fund this program](#)

**A Chance to Protect and Promote Your Profession. Your Generous Contributions are Appreciated.**  
**Links to Resources & Articles**

**Red Cross**

**[Terrorism – Preparing for the Unexpected](#)**  
**[Family Disaster Plan](#)**

**Coping**

**[Mayo Clinic – Coping with Global Uncertainty](#)**  
**[Coping After Terrorism – A Guide to Healing and Recovery](#)**  
**[Mental Health Aspects of Terrorism - SAMHSA](#)**

[Coping with Disaster: Tips for College Students - NMHA](#)  
[Coping with Disaster: Tips for Older Adults](#)  
[Helping Children Cope with Disaster - FEMA](#)

#### Mass Trauma

[Brain Injuries and Mass Trauma Events: Information for Clinicians - Injuries and Mass Trauma Events: Information for Health Professionals](#)  
[Rapid Assessment of Injuries - CDC](#)  
[Coping with a Traumatic Event - CDC](#)

## Links - Resources

#### Red Cross

<http://www.redcross.org/services/disaster/keepsafe/terrorism.pdf>  
<http://www.redcross.org/services/disaster/beprepared/fdpall.pdf>

#### Impact of Sept 11

<http://www.samhsa.gov/oas/Sept11/toc.htm>

#### Coping

<http://www.mayoclinic.com/invoke.cfm?id=MH00026>  
[http://www.ojp.usdoj.gov/ovc/publications/infores/cat\\_hndbk/NCJ190249.pdf](http://www.ojp.usdoj.gov/ovc/publications/infores/cat_hndbk/NCJ190249.pdf)  
<http://www.mentalhealth.org/publications/allpubs/KEN-01-0095/default.asp>  
<http://www.nmha.org/reassurance/collegetips.cfm>  
<http://www.nmha.org/reassurance/olderadulttips.cfm>  
<http://www.fema.gov/rrr/children.shtm>  
<http://www.psych.org/disaster/20tipsparents11801.cfm>  
<http://www.psych.org/disaster/bioterrorism102201.pdf>

#### Mass Trauma

[http://www.cdc.gov/masstrauma/factsheets/professionals/brain\\_injuries.htm](http://www.cdc.gov/masstrauma/factsheets/professionals/brain_injuries.htm)  
[http://www.cdc.gov/masstrauma/factsheets/professionals/all\\_injuries.htm](http://www.cdc.gov/masstrauma/factsheets/professionals/all_injuries.htm)  
[http://www.cdc.gov/masstrauma/response/rapid\\_assessment.htm](http://www.cdc.gov/masstrauma/response/rapid_assessment.htm)  
<http://www.cdc.gov/masstrauma/factsheets/public/coping.pdf>

#### Post-Traumatic Stress Disorder

<http://www.istss.org>  
[http://www.psych.org/public\\_info/ptsd.cfm](http://www.psych.org/public_info/ptsd.cfm)  
<http://www.aacap.org/publications/factsfam/ptsd70.htm>  
<http://www.ncptsd.org/terrorism/index.html>  
[http://www.ncptsd.org/facts/disasters/fs\\_survivors\\_disaster.html](http://www.ncptsd.org/facts/disasters/fs_survivors_disaster.html)  
[http://www.ncptsd.org/facts/disasters/fs\\_foa\\_handout.html](http://www.ncptsd.org/facts/disasters/fs_foa_handout.html)  
[http://www.ncptsd.org/facts/disasters/fs\\_self\\_care\\_brief.html](http://www.ncptsd.org/facts/disasters/fs_self_care_brief.html)  
[http://www.ncptsd.org/facts/disasters/fs\\_helping\\_survivors.html](http://www.ncptsd.org/facts/disasters/fs_helping_survivors.html)  
[http://www.ncptsd.org/facts/disasters/fs\\_children\\_disaster.html](http://www.ncptsd.org/facts/disasters/fs_children_disaster.html)  
[http://www.ncptsd.org/facts/disasters/fs\\_terrorism.html](http://www.ncptsd.org/facts/disasters/fs_terrorism.html)  
[http://www.ncptsd.org/facts/treatment/fs\\_treatment.html](http://www.ncptsd.org/facts/treatment/fs_treatment.html)  
<http://www.giftfromwithin.org/pdf/9-11.pdf>

[http://www.ncptsd.org/facts/disasters/fs\\_anniversary.html](http://www.ncptsd.org/facts/disasters/fs_anniversary.html)

#### Preparedness, Planning, Recovering and Training

<http://www.cdc.gov/programs/bio19.pdf>  
<http://www.bt.cdc.gov/planning/index.asp>  
<http://www.cdc.gov/mmwr/PDF/RR/RR4904.pdf> p. 1-14  
<http://www.bt.cdc.gov/training/BTNationalTrainingPlan.pdf>  
<http://www.fema.gov/pdf/areyouready/security.pdf>

<http://www.fema.gov/pdf/areyouready/recovering.pdf>  
<http://www.fema.gov/hazards/terrorism/terrorf.shtm>  
<http://fpc.state.gov/documents/organization/7931.pdf>

### **Georgia Emergency Management Agency (GEMA)**

<http://www2.state.ga.us/gema/>  
<http://health.state.ga.us/programs/emereprep/bioterrorism.shtml>  
<http://www2.state.ga.us/gema/>

### **Anthrax**

<http://www.bt.cdc.gov/documentsapp/FactSheet/Anthrax/AboutAnthrax.pdf>  
<http://www.bt.cdc.gov/agent/anthrax/basics/factsheets.asp>  
<http://www.bt.cdc.gov/agent/anthrax/faq/index.asp>

### **Botulism**

<http://www.bt.cdc.gov/agent/botulism/index.asp>  
<http://www.bt.cdc.gov/documentsapp/FactSheet/Botulism/AboutBotulism.pdf>  
[http://www.cdc.gov/ncidod/dbmd/diseaseinfo/botulism\\_g.htm](http://www.cdc.gov/ncidod/dbmd/diseaseinfo/botulism_g.htm)

### **Cyanide**

<http://www.bt.cdc.gov/agent/lung/cyanide/faq/index.asp>

### **Ricin**

<http://www.bt.cdc.gov/agent/ricin/faq/index.asp>

### **Sarin**

<http://www.bt.cdc.gov/agent/nerve/sarin/basics/facts.asp>

### **Smallpox**

<http://www.bt.cdc.gov/agent/smallpox/index.asp>  
<http://www.bt.cdc.gov/agent/smallpox/overview/overview.pdf>  
<http://www.bt.cdc.gov/agent/smallpox/vaccination/pdf/vaccine-overview.pdf>

### **VX**

<http://www.bt.cdc.gov/agent/nerve/vx/basics/facts.asp>

<http://www.bt.cdc.gov/agent/nerve/vx/ctc0006.asp>

### **FAQ about Toxicology**

<http://www.atsdr.cdc.gov/tfactsd4.pdf>

### **Bioterrorism-Terrorism, General**

<http://www.fema.gov/pdf/hazards/terrbk.pdf>  
<http://www.fema.gov/fima/antiterrorism/>  
<http://www.nlm.nih.gov/medlineplus/biodefenseandbioterrorism.html>  
[http://www.nlm.nih.gov/medlineplus/news/fullstory\\_11468.html](http://www.nlm.nih.gov/medlineplus/news/fullstory_11468.html)

### **Sites**

<http://www.whitehouse.gov/news/releases/2003/02/20030203.html>  
<https://disasterhelp.gov/portal/jhtml/index.jhtml>  
<http://www.counterterrorismtraining.gov/>  
<https://disasterhelp.gov/portal/jhtml/community.jhtml?community=Anti-Terror&index=0&i>  
<http://www.nlm.nih.gov/medlineplus/disastersandemergencypreparedness.html>  
<http://www.ncptd.org/> <http://www.fema.gov/>

## Who to Contact in the Event of an Emergency

### Partners

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This site is optimized for [Netscape 6](#) and [Internet Explorer 5](#) or higher. Please download the latest version of Netscape or Internet Explorer. Created a



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