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**FOSTERING RESILIENCE IN RESPONSE TO TERRORISM**

The APA Task Force on Promoting Resilience in Response to Terrorism has produced nine [fact sheets](#) intended to assist psychologists seeking to foster resilience in a variety of populations, including adults, children, first responders, mental health workers, military families, older adults, people of color, primary care providers, and the seriously mentally ill.



The Task Force chose to address the profession specifically, as the Practice Directorate's [Help Road to Resilience](#) materials already provide such excellent information for the public.

The Fostering Resilience in Response to Terrorism Fact Sheets were prepared under the direction of the Task Force and edited by Task Force Co-Chair Dr. Laura Barbanel. The Task Force went beyond its membership for expertise on particular populations. The work of the Task Force was made possible through the generous support of the American Psychological Foundation.

The production, promotion, and distribution of the fact sheets represent the culmination of a project when the APA Board of Directors formed the Task Force in 2002 to develop information on psychological resilience and coping with disasters, and on programs that are most likely to help citizens deal with anxiety, and fear caused by terrorism.

The fact sheets are available on the APA Web site thanks to a grant from Verizon.

Requires Adobe Reader. [Download](#) free Adobe Reader

**Fact Sheets for Psychologists**

- ▶ [Working with Adults](#) (PDF, 173K)
- ▶ [Working with Children](#) (PDF, 209K)
- ▶ [Working with People of Color](#) (PDF, 94K)
- ▶ [Working with Older Adults](#) (PDF, 85K)
- ▶ [Working with Military Families](#) (PDF, 58K)
- ▶ [Working with Adults with Serious Mental Illness](#) (PDF, 84K)
- ▶ [Fostering Resilience Among Primary Care Providers](#) (PDF, 49K)
- ▶ [Fostering Resilience Among Mental Health Workers](#) (PDF, 48K)
- ▶ [Working with First Responders](#) (PDF, 58K)

To order printed copies of these fact sheets, contact

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### Other APA Resources

- ▶ [In the Wake of 9/11: The Psychology of Terror](#)
- ▶ [Understanding Terrorism: Psychosocial Roots, Consequences, and Interventions](#)

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