



Resources on Coping with Traumatic Events

Websites:

[APAHelpCenter.org](http://www.apa.org/helpcenter)

The APA's consumer website containing brochures, tips and articles on the psychological issues that affect our physical and emotional well-being.

<http://www.usd.edu/dmhi/Pubs/availability.html>

University of South Dakota -Disaster Mental Health Institute Website. Contains short booklets on coping with disaster that can be printed from the website.

<http://www.mentalhealth.org/schoolviolence/teens.htm>

Center for Mental Health Services website. After Disaster: What Teens Can Do

<http://www.mentalhealth.org/schoolviolence/parents.htm>

Center for Mental Health Services website. After a Disaster: A Guide for Parents and Teachers

http://www.nasponline.org/NEAT/crisis_0911.html

National Association of School Psychologists. Coping with a national tragedy. Has several resources including Helping Children Cope with Tuesday's Acts of Terrorism.

<http://www.nimh.nih.gov/publicat/violence.cfm>

National Institute of Mental Health Website. A comprehensive section entitled Helping Children and Adolescents Cope with Violence and Disasters. Contains more in-depth information on Trauma, PTSD, etc.

<http://www.trauma-pages.com/pg5.htm>

David Baldwin's Trauma Information website. Disaster Mental Health Handouts.

Red Cross Brochures

(Available at your local Red Cross Chapter or through the APA Practice Directorate's Disaster Response Network Office at 1-800-374-2723)

When Bad Things Happen

Helping Children Cope With A Traumatic Event

Helping Children and Cope with Disaster - ARC 4499

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